## PLEDGE TO STRIKE OUT STIGMA

STIGMA

In celebration of Disability Awareness Month, Eye to Eye invites you to participate in Strike Out Stigma! We aim to raise awareness, acceptance, and understanding of learning differences by amplifying the voices of people that learn differently and their allies.

We are challenging you to join us by sharing experiences and

information, challenging assumptions, and rejecting stereotypes!

## How can you help?

Join us this month by taking our pledge to strike out stigma! Use one of our pledges here, or create your own! Together, we can create an anti-ableist, inclusive world.

- I pledge to strike out stigma by using inclusive language.
- I pledge to strike out stigma by using accommodations for those who need them.
- I pledge to strike out stigma by speaking up when I see inequity.
- I pledge to strike out stigma by using positive language around neurodiversity.
- I pledge to strike out stigma by...

## Share your pledge!

Building a community of support and allies is one of the best ways we can join together to strike out stigma. **Turn your pledge into an art project and share it with us on social media for a chance to win a \$50 Visa gift card!** 

- Just post a photo or video of your pledge on your favorite social media platform
- Use the hashtag #StrikeOutStigma
- Tag us @e2enational
- Use the ideas here to get started, or create your own!
  - Illustrate your pledge
  - Make a pledge flag
  - Film yourself reciting your pledge
  - Make a paper quilt
  - Make a collage
  - Make a handprint tree with your pledges

